

Monday

Support Group for Parents To Be & New Parents

10.00 – 11.30am

On Every Monday!

Come and meet other parents to be and new parents
over coffee

Baby Massage

1.00 – 2.00pm

On July 13th & 27th and August 10th & 24th

Limited places available so hurry & book in advance!

Support Group for Young Mums & Dads

1.00 – 2.00pm

On May 18th, June 8th, 22nd, July 6th, 20th,
August 3rd, 17th and September 7th & 21st

Buggy Walks

2.00 – 3.00pm

Dates: May 18th, June 8th, 22nd, July 6th, 20th,
August 3rd, 17th and September 7th & 21st

Come and get fit & enjoy some local walks!

Tuesday

Creative Cooking

9.30-11.30am

Session Dates: May 5th, & 19th,

June 2nd, 16th & 30th and July 14th

Come and have fun with food and pick up some
healthy eating tips with Ed, our Community Food
Worker!

Toddler Time (Term Time Only)

1.45 - 2.30pm

On April 21st, May 12th, June 16th, July 7th,
September 8th & 22nd in the school hall

Free music and movement session for children aged 2 -
5 and their parents/carers

Tuesday continued

Toddler Story Time

2.30 - 3.00pm

On Every Tuesday from May 5th – August 25th

Come and enjoy a calming story session!

Mini Strikers

1.45 - 2.30pm

On May 5th & 19th, June 9th & 23rd, July 14th
and September 1st, 15th & 29th

Football & sporting fun for children aged 2-5
and their parents/carers

Wednesday

Support Group for Children with Disabilities / Special Needs

10.00 - 11.30am

On May 6th & 20th, June 3rd, 17th, July 1st & 15th,
August 5th, and 19th September 2nd & 16th

Monthly Childminders Group

10 - 11.30am

Session dates: May 27th, June 24th, July 29th,
26th August and 30th September

For childminders and those that are interested in
becoming childminders.

Parents' Forum

10 - 11.30am

Session dates: May 13th, June 10th, July 8th, 22nd,
August 12th, September 9th and 23rd

Come along and have your say on the shaping of the
centre's activities & services and
enjoy some activities of your choice!
Includes a free crèche so
please book your places in advance!

Drop in Stay & Play

1.00 - 3.00pm

On every Wednesday from May 6th – August 26th

Fun educational activities for children
aged 0-5 and their carers

Thursday

Stay & Messy Play

10.00 - 12.00 noon

From 7th May - 27th August

Be prepared to get very messy and have lots of fun!

Story, Song & Rhyme Time

2.15 - 3:00pm

From 7th May – 27th August

Stories, Songs & Rhymes for all ages

Friday

MK Springers (Term Time Only)

Free Parent and Toddler

Gymnastics

10.00 – 10.45am

From May 1st to September 25th

Job Centre Plus

2.00 – 3.00pm – Drop in

3.00 – 4.00pm – Appointment Only

Every Friday afternoon from May 1st – August 28th

General benefits advice & routes back to work

Saturday

Dads' Zone

10.00 – 12 noon

Session dates: May 2nd, June 6th, July 4th
and August 1st

For dads and their children to come along
and have fun playing games, painting and
making fun things that you can take home.

Outreach Sessions

Willen Pavilion

Toddler Time (Tuesdays)

1.45 – 2.30pm

Session Dates: May 5th & 19th, June 9th & 23rd,
July 14th & September 15th

Free music and movement session for children aged 2-5 and their parents / carers

Mini Strikers (Tuesdays)

1.45 – 2.30pm

Session Dates: May 12th, June 2nd, 16th, 30th, July
7th and September 8th & 22nd

Football & Sporting fun for children aged 2-5 and their
parents/carers

Willen Parent & Toddler Group (Every Friday)

1.45 – 3.00pm

Session dates: May 1st – August 28th

St Andrews School – Great Linford

Crafts & Outdoor Play (Saturdays)

9.30 – 11.30am

Session dates: May 16th, June 20th,
July 18th & August 16th

Working parents and dads are also very welcome to
bring their 0-5 aged children to this fun filled activity

A voluntary contribution of £1 will be greatly received

Childcare

There is a variety of childcare and
information for families available.

For further information please contact:

Families Information Service (FIS)

0800 035 0335

childcare@milton-keynes.gov.uk

The FIS provides free, impartial
and up to date information on
childcare and related matters in Milton Keynes

M90534

About us

Supporting young children and their families
by bringing together family support,
health, childcare and education.

The Squirrels Children's Centre Team:

Raksha Patel/Audrey Russell – Coordinator

Debbie Ford – Administrator / Welcomer

Jo Kainradl – Teacher

Elizabeth Ogunleye – Family Support Worker

Gail Clarkson – Family Support Worker

For further information and booking onto activities
please contact the centre on: 01908 317 863

Opening Times: 8:30am – 4:30pm Monday - Friday

Information and Support

Support Groups for:

- Childminders, Young Mums & Dads & Children with disabilities / special needs & their families
- Chlamydia self testing kits
- Educational advice from our teacher

We have links with:

- Our local Health visitor
- Our local Midwife
- Brook Sexual Health Nurse
- Childminding Co-ordinator
- MK Voluntary activities
- MK Play Association
- Extended Services
- Shelter MK
- CAB
- Relate



**Squirrels Children's
Centre**

Wood End School
Redbridge,
Stantonbury MK14 6BB

T 01908 317863

Children and Young People's Service



Timetable of Services and Activities May - August 2009



www.milton-keynes.gov.uk/childcare-and-preschool

SureStart